

Services & Diary Dates

Monday	2 nd	1100 Interment of Ashes - ME & TE Thomas
Tuesday	3 rd	1930 Said Eucharist 2100 Online Compline
Wednesday	4 th	1030 Said Eucharist 1100 Coffee for All 2000 Zoom Prayer Meeting
Thursday	5 th	2100 Online Compline
Friday	6 th	
Saturday	7 th	
Sunday	8th	0800 Said Eucharist 0915 Parish Communion

Please refer to the flyer enclosed on post 19th July COVID-19 safe practices in church.

REMINDER

Social distancing rules still in place!
Use hand sanitiser gel upon entry & exit and keep your masks on whilst on the premises!

News

Today (1st Aug) Last day of Choir Week in St Albans Cathedral:

We warmly encourage anyone who is free, to attend the following services in St Albans Cathedral in support of our Choir, who will be singing during these services:
Eucharist @ 11.15am and Evensong @ 6pm

Thursday Lunches:

Thursday Lunches is set to re-open on 2nd Sep **BUT WE**

APPEAL FOR A FEW MORE HELPERS to join our soup making or serving teams

(so we can maintain a once in 6 weeks rota). Please contact Craig Lowes who would be delighted to hear from you:
craiglowesstfrancis@gmail.com



Each Wednesday @11am

Coffee for All welcomes everyone.

Do drop in for a cuppa and a friendly chat in the Prayer Garden.

Welcome

Sunday 1st August 2021

Ninth Sunday after Trinity

Services Today

8am Said Eucharist

9:15am Parish Communion Coffee in the Hall - Suspended for now.

Youth & Children's YACC sessions take place in their usual age groups within the Govt's COVID-19 guidelines.

Church **Age 2½ to Reception and Years 1&2, 3 & 4 - Hall**

(Younger children including babies who are accompanied are very welcome)

Years 5 upwards in the Parish Room

Music

Hymns to be sung by the congregation with masks on!

1 719 437 455

Choir: On Holiday

Organ: Ciacona in E minor

Andante Cantabile

Hornpipe from the Water Music

Dietrich Buxtehude

Jules Massenet

G F Handel

Today we welcome Eric Pavyer as our guest organist.

This week we pray for all who live and work in Manicotts and The Links.



St Francis of Assisi, CoE
Church Road, WGC, AL8 6QJ

Charity No: 1129849

Vicar: The Revd. Jenny Fennell

01707 320960

vicar@stfranciswgc.org.uk

OPENING HOURS:

YACC: Mon to Tue Parish Office: Wed to Fri
01707 694191 admin@stfranciswgc.org.uk

www.stfranciswgc.org.uk

www.facebook.com/stfranciswgc/

www.instagram.com/stfrancischurchwgc/

www.twitter.com/stfranciswgc/

Sunday 1 August 2021
Ninth Sunday after Trinity

Collect

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Exodus 16: 2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.' Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, *Draw near to the Lord, for he has heard your complaining.*' And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud.

The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, *At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.*' In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp.

When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground.

When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.'

Ephesians 4: 1-16

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace.

There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He

ascended,' what does it mean but that he had also descended into the lower parts of the earth?)

He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming.

But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

John 6: 24-35

When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?'

Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs,

but because you ate your fill of the loaves.

Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?'

Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.'

So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, *He gave them bread from heaven to eat.*'

Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven.

For the bread of God is that which comes down from heaven and gives life to the world.'

They said to him, 'Sir, give us this bread always.' Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Next Readings: Sunday 8 August 2021

1 Kings 19: 4-8; Ephesians 4: 25 - 5: 2; John 6: 35, 41-51