Ride and Stride for St Francis Church, Welwyn Garden City

**Saturday 4th July-Sunday 12th July-** Please collect all donations by **Sunday 19th July and either hand to the office or post through The Vicarage door. Don't forget to hand in your form so that St Francis can reclaim the Gift Aid.**

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| Thank you for sponsoring the St Francis Church ride or stride event! If you have ticked the box headed ‘Gift Aid? √’, you confirm that you are a UK Income or Capital Gains taxpayer. This allows St Francis Church, as a registered charity to reclaim 25p for every £1 donated. | | | | | |
| Individual/Household Name:  Address: | | | | | |
| **Name** | **Home Address** | **Postcode** | **Gift Aid**  **✔**  **Date** | **Sponsorship Per mile/steps** | **Donations or total given** |
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Please email ***rachelhickey.stfranciswgc@outlook.com*** with any additional questions after reading the Qs and As below.

*Please email me with category entries stating name of entrant, category, miles/steps covered in the challenge-by Sunday 21st June.*

**Prize Categories**

1. Prize for the household who covered the most miles in striding or riding or a mix.
2. Prize for the household who covered the most steps collectively.
3. Prize for the individual who covered the most miles walking/jogging.
4. Prize for the individual who covered the most miles riding a bike.
5. Prize for the individual who covered the most steps.
6. Prize for the best fancy dress whilst taking part in this event. (Please don't forget to share pictures with me and on FB.)
7. Prize for the St Francis Animal challenge. (See YACC FB activities for more details nearer the time).
8. Prizes for the furthest covered individually for 0-5, 6-10, 10-14, 14-18.

If you would like to be considered for a prize in the above categories, please email me at and explain which category you are entering. Pictures to share on FB and the website will also be hugely appreciated.

*rachelhickey.stfranciswgc@outlook.com*

Please only apply to be considered in one category per person in your household and one household category e.g. each person could be considered for 2.

**Q** Can we do our challenge on multiple days within the time frame and add up the miles/steps?

**A** Yes

**Q** Can my child enter for their age category for miles covered and be part of our household entry?

**A** Yes

**Q** How do we prove that we covered the miles/steps?

**A** You will be trusted to add up your own miles/steps. Photos throughout the challenge week will be appreciated. Please send them either directly to me or shared on the St Francis FB pages. Sharing the event is spreading the St Francis Community spirit.

**Q** Do I have to be a member of St Francis church to take part?

**A** No, we would love you to join in the fun and help us fundraise.

Many thanks,

Rachel Hickey

St Francis Church, Children's and Families Worker Assistant